



March 10 Balance Breakfast** and Lunch Options



**Breakfast is served only in participating schools. For more information, please contact your principal.

Monday	Tuesday	Wednesday	Thursday	Friday
1 Pancake Wrapped Sausage w Syrup Tropical Fruit	2 Canadian Bacon & Cheese on Biscuit Mixed Fruit	3 Egg Patty on Biscuit, Grits, Mandarin Oranges	4 Sausage Patty, Grits, Toast w Jelly, Applesauce	5 Donuts Peach Cup
Chicken Teriyaki Fried Rice Stir Fry Veggies Pineapple Egg Roll Fortune Cookie Hamburger	Pork Taco Cheese Cup Lettuce and Tomato Cup Seasoned Corn Cinnamon Stick Grilled Cheese	Meatsauce Rotini Seasoned Green Beans Orange Wedge Garlic Roll Chicken Strips	Turkey Stew Steamed Rice Green Salad Buttered Carrots French Bread Chocolate Cream Pie Corn Dog	Fish Strips Macaroni & Cheese Tossed Salad Applesauce Wheat Roll Pizza
8 French Toast Sticks w syrup, Sausage Links, Applesauce	9 Breakfast Burrito, Cheese Grits Potato Rounds	10 Purchased Muffin, Buttered Grits, Pineapple	11 Scrambled Eggs, Grits Strawberries, Toast w Jelly	12 Donuts Tropical Fruit
Red Beans w/ Sausage Steamed Rice Italian Salad Mixed Fruit Corn Roll	Pork Chop Roasted Potatoes Cauliflower in Cheese Sauce Seeded Roll Brownie	Lasagna Steamed Broccoli Strawberries and Bananas Garlic Roll	Baked Chicken Mashed Potatoes w/Gravy Corn on the Cob Heavenly Biscuit Peach Cobbler	Seafood Gumbo w Cheese Stick Potato Salad Applesauce French Bread Yellow Banana Cake
15 Waffle w Syrup Sausage Patty Mixed Fruit	16 Can. Bacon & Cheese Biscuit Applesauce	17 Egg Patty w/wo Cheese Biscuit, Grits, Mand. Orgng <i>St. Patrick's Day</i>	18 Scrambled Egg, Grits, Toast w Jelly, Peach Cup	19 Donuts Pears <i>St. Joseph's Day</i>
Chicken Smackers Mashed Potatoes w/Gravy Seasoned Peas Wheat Roll Pudding	Pork Taco Cheese Cup Lettuce and Tomato Cup Seasoned Corn Cinnamon Stick	Pizza Tossed Salad Chilled Pineapple Rice Krispie Treat	Turkey Stew Steamed Rice Cheesy Spinach Chilled Pears French Bread	Spaghetti w Meatless Sauce AND Fish Strips Caesar Salad Peach Cup Cheese Bread
22 Hamburger on Bun	23 Fish Patty	24 Chicken Strips	25 Chicken Strips	26 Pizza
Pancake w Syrup, Sausage Link Pears	Grilled Cheese Triangle Tropical Fruit, Grits	Sausage Patty, Biscuit Apple sauce <i>Nutrition Day- Sugar Snap Peas</i>	Scrambled Eggs, Grits, Toast w Jelly, Potato Rounds	Donut Peach Cup
Pork Chop Dirty Rice Mixed Fruit Buttered Carrots Southern Butter Wheat Roll	Chicken Taco Cheese Cup Lettuce and Tomato Cup Seasoned Corn Cinnamon Stick	Spaghetti w/ Meatballs Tossed Salad Mandarin Oranges Garlic Wheat Roll Heavenly Hash Cake	Turkey and Sausage Gumbo Steamed Rice Potato Salad Applesauce French Bread	Shrimp Poppers Macaroni and Cheese Seasoned Peas Tropical Fruit Seeded Bread
29 Pancake Wrapped Sausage w Syrup Applesauce	30 Canadian Bacon & Cheese on Biscuit Mixed Fruit	31 Egg Patty on Biscuit, Grits, Mandarin Oranges	<p>March 8th-12th is National School Breakfast Week and Louisiana School Lunch Week! Start your morning for a well-balanced breakfast and join us for lunch for a delicious, home cooked, Louisiana-style lunch.</p> 	
Chicken Strips Cheesy Potatoes Applesauce Garlic French Bread Ernie Cookie Hamburger	Pork Taco Lettuce and Tomato Cup Cheese Cup Refried Beans Cinnamon Stick Grilled Cheese	Meatsauce Rotini Seasoned Green Beans Chilled Pears Italian Bread Chicken Smackers		

Check Out Our Website At: www.schoolcafe.org

March 16th is Student Choice Day! You choose what's for lunch!

Note: Menus are subject to change without notice.

Schools with one serving line can have a sandwich entrée only once a week, however it cannot replace a commodity meal. Sandwiches are served with 2 fruit/vegetables and milk. Choice of milk is offered daily. Breakfast also offers cereal.

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March 19th is St. Joseph's Day. Join us for our annual St. Joseph's Day Meal.



"Beannachtai na Feile Padraig Oraibh!"

"St. Patrick's Day blessing upon you!"

Come to your cafeteria March 17th for a St. Patrick's Day fun-filled theme meal!

School Name _____



March 24th is Sugar Snap Pea Nutrition Day! Stop by the Nutrition Day table for a yummy sample and lots of fun!